

Unit ID: 636

Domain

HAIRDRESSING

Title: Perform head massage and hair treatment

Level: 1

Credits: 6

Purpose

This unit standard specifies the competencies required to perform a head massage and hair treatment. It includes procedures for preparing client for head massage and hair treatment, shampooing hair and scalp, conditioning hair and scalp and performing a head massage and hair treatment service. This unit standard is intended for those who work as hairdressers.

Special Notes

1. Entry information:

Prerequisite

- Unit 632 – *Apply personal health and safety routines in a hairdressing salon environment* or demonstrated equivalent knowledge and skills.

2. Assessment evidence may be collected from a real workplace or a simulated real workplace or an appropriate simulated realistic environment in which hairdressing operations are carried out.

3. All procedures associated with the use of tools, equipment and products shall comply with manufacturers' specifications and/or workplace guidelines and instructions.

4. Glossary of terms:

- '*specifications*' refers to any, or all of the following: manufacturers' product instructions and recommendations, workplace specific requirements.
- '*head massage and hair treatment*' include shampooing and conditioning of hair and scalp
- '*head massage*' include two massage movement, effleurage and petrisage (rotary)
- '*effleurage*' means light, gentle stroking movements
- '*petrisage*' means circular movements.

5. Performance of all elements in this unit standard must comply with industry standards.

6. Regulations and legislation relevant to this unit standard include the following:

- Labour Act, No. 11, 2007
- Occupational Health and Safety Regulations No. 18, 1997 and all subsequent amendments.

7. This unit standard applies to all type of hairs and range of people from different social, cultural or ethnic backgrounds.

Quality Assurance Requirements

This unit standard and others within this subfield may be awarded by institutions which meet the accreditation requirements set by the Namibia Qualifications Authority and the Namibia Training Authority and which comply with the national assessment and moderation requirements. Details of specific accreditation requirements and the national assessment arrangements are available from the Namibia Qualifications Authority and the Namibia Training Authority on www.nta.com.na

Elements and Performance Criteria

Element 1: Plan and prepare for work

Range

Planning and preparation may include but is not limited to workplace inspection, equipment defect identification, assessment of conditions and hazards and determination of work requirements.

Tools and equipment may include but are not limited to towels, apron, and comb.

Products may include but are not limited to conditioner.

Performance Criteria

- 1.1 Work instructions, including job card, client history record and product details are obtained, confirmed and applied.
- 1.2 Safety requirements are followed in line with safety plans and policies.
- 1.3 Tools and equipment selected to carry out tasks are consistent with the requirements of the job, checked for serviceability and any faults reported.
- 1.4 Products are safely handled and located ready for use in line with workplace procedures.
- 1.5 Measurement requirements for products are sourced and implemented in line with manufacturers' specifications and workplace procedures.
- 1.6 Environmental protection requirements are identified and applied in line with environmental plans and regulatory obligations.

Element 2: Prepare client for head massage and hair treatment

Range

Preparation methods may include but are not limited to procedures for using towels and apron to protect client against water and/or product spills.

Hair and scalp requirements may include but are not limited to hair and scalp conditions such as porosity, elasticity, texture, density, length, and previous product build up.

Recognition and treatment of common hair conditions may include but is not limited to conditions such as split ends (*fragilitas crinium*), damaged cuticle, beaded hair

(trichorexis nodosa), select the treatment products required, select the appropriate application and massage techniques and perform the correct procedures for the treatment required.

Recognition and treatment of common scalp conditions may include but is not limited to conditions such as skin allergies, dandruff (pityriasis capitis) and oily or greasy scalp. (seborrhoea)

Performance Criteria

- 2.1 Procedures and information required for preparing client for head massage and hair treatment are identified and sourced in line with workplace procedures.
- 2.2 Preparation methods are applied to ensure client protection in line with workplace procedures.
- 2.3 Recognition and treatment of common hair and scalp conditions are determined through questioning, visual and physical examination.
- 2.4 Results are recorded and forwarded to appropriate personnel in line with workplace procedures.
- 2.5 Appropriate conditioning and treatment product for the client's hair is selected from the product range in consultation with appropriate personnel and in line with workplace procedures.
- 2.6 Client's comfort and safety is ensured throughout the shampooing, conditioning, massage and treatment process in line with workplace procedures.

Element 3: Shampoo hair and scalp

Performance Criteria

- 3.1 Procedures and information required for shampooing hair are identified and sourced in line with product specifications and workplace procedures.
- 3.2 Client hair is shampooed in line with product specifications, client's needs and workplace procedures.
- 3.3 Client hair is towel dried and ready for following-up service.

Element 4: Condition hair and scalp

Range

Performance Criteria

- 4.1 Procedures and information required for conditioning hair are identified and sourced in line with product specifications and workplace procedures.
- 4.2 Client hair is conditioned in line with product specifications, client's needs and workplace procedures.

- 4.3 Rinse of conditioner and assist client to prepare for following-up service and/or style.

Element 5: Perform a head massage and hair treatment service

Range

Message techniques include effleurage and petrisage techniques.

Styling aids may include but are not limited to mousses and lotions.

Finishing products may include but are not limited to mousses, waxes and sprays.

Performance Criteria

- 5.1 Massage techniques are performed by using recognised techniques and workplace procedures.
- 5.2 Head massage and/or hair treatment products are selected and applied according to manufacturer's specifications and workplace procedures.
- 5.3 Head massage is finished off according to manufacturer's specifications and workplace procedures.
- 5.4 Rinsing and finishing off procedures are implemented in line with finishing product specifications and styling aids, client's needs and workplace procedures.
- 5.5 The client is placed under steam or dryer if required by manufacturer's instructions.

Element 6: Complete work and clean up

Range

Work completion details may include but are not limited to job card and client history record.

Reusable material may include but are not limited to towels, capes, aprons, glasses and cups.

Performance Criteria

- 6.1 Work is completed and appropriate personnel notified in line with workplace procedures.
- 6.2 Work area is cleared of waste, cleaned, restored and secured in line with workplace procedures.
- 6.3 Reusable material is collected, cleaned and stored in line with workplace procedures.
- 6.4 Equipment used is cleaned, maintained, checked for serviceability and stored in line with workplace procedures.

6.5 Work completion details are finalised in line with workplace procedures.

Registration Data

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| Subfield: | Beauty Services |
| Date first registered: | July 2010 |
| Date this version registered: | July 2010 |
| Anticipated review: | July 2015 |
| Body responsible for review: | Namibia Training Authority |